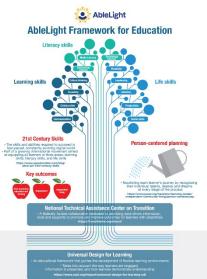
The LIGHT

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AbleLight College at CUW and CUAA Welcomes You



AbleLight College at Concordia University Wisconsin & Ann Arbor is a two year non credit bearing Certificate of Applied Learning in the inclusive environments of the Wisconsin and Ann Arbor campuses. We also offer a third year optional Post-Certificate Applied Learning Fellowship Year.

All segments of the AbleLight College at CUWAA program offer students with intellectual and developmental disabilities the opportunity to receive a full college experience. Through a 'blended' model students participate with traditional students at each university, combining instruction that is specific to the program along with many opportunities to audit traditional courses

in the university and experience a wealth of practicum and recreational experiences on and off campus. Group and individual instruction are offered with an emphasis on development of the whole person supported by individual advising, coaching and mentoring all through a Person-Centered Approach to planning. The combination of academics, career preparation, daily living skills and campus/community life experiences ultimately position each graduate with the tools and experiences needed to take their place in the larger community beyond campus as independent adults who are reaching their potential as employed citizens living a purposeful and integrated life and contributing to the welfare of the community. All parts of program are grounded in the *Foundations of CUWAA AbleLight College* framework.

What's Inside?

- AbleLight College Welcomes You
- 2. Important Dates
- 3. Student Spotlight & Shoutouts
- 4. Campus Collage
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- 6. Campus and Community Events and Outreach

Message from Manager and Team

As I begin my tenure as Manager of Education & Transtion Services with AbleLight College, I have been reflecting on our student's progress over the past several months, and envisioning where their goals will lead them. I have been attending many of the IGSP meetings over the past several weeks to hear from students what they have accomplished, goals they are working on, and what they have learned. Students have been participating in Homecoming activities on both campuses including the Fall Ball in Wisconsin, Red Ribbon Week, Domestic Violence Awareness month, Halloween activities, concerts and plays. In AbleLight Academic courses, students are expanding their knowledge and skills in Personal Development, Courage and Social Leadership, Living Well, Independent Living and Career Preparation. Tasia Pinkham, our new Career Preparation Coordinator, has been working with the Wisconsin students to develop on-campus and off-campus internships. With several new members of the team, and many projects underway, this month's newsletter is a quick recap and overview of just a few of the many events and accomplishments occurring on a daily basis at AbleLight College!

The LIGHT

Important Dates

November 22 Wed

 Thanksgiving vacation begins – students must check out by 4:00 pm local time

November 23 Thurs

Thanksgiving Day – No Classes

November 24 Fri

University closed – No Classes

November 26 Sun

o Students can return to campus after 4:00 pm

November 27 Mon

o Classes resume

December 15 Fri

 Christmas recess begins – students must check out by 4:00 pm on 12/15

December 18- January 5

o Christmas break – No Classes January 7 Sun

Students can return to campus between 5-8pm

January 8 Mon

First day of Spring Semester classes

AbleLight College students will not have any classes after 3pm on 11/22, and must check out from campus by 4pm. Students are welcome back on campus anytime after 4p on 11/26.





Happy Birthday!

10/16 Gabe

10/23 Nick

10/31 Nash

11/4 Maggie S.

11/6 Molly O.

11/24 Morgan (CUAA SSA)

12/1 Julia (CUAA SSA)

12/16 Noah

12/20 Elizabeth (CUW SSA)

12/24 Abby





STUDENT SPOTLIGHT

Meet CUW CAB Team Lead Lydia Winans!



I got started with CAB also known as the Campus Activities Board second semester last year. I helped out getting things ready for events, stuffing RA mailboxes, and the bathroom bulletins which has all of the events for the week as well as some mental health and wellness tip to ensure all CUW and AbleLight students and staff are happy and healthy.

What I like most about CAB is being able to do basically everything in the internship description, but I really do like helping to prep events. One of the events last semester was a Harry Potter trivia and I stuffed some candy in small bags and put a Harry Potter theme sticker on it. I also enjoy being

able to connect with people in the office and achieve my personal work goals which are: being able to see the big picture when organizing papers, being able to be coachable and work independently on the tasks at hand.

CAB offers all students the opportunity to make friendships with others on and off campus with all the fun and cool events they plan. It especially helps incoming students to feel comfortable with the university and shows them that they are one of us, meaning they will fit right in. CAB enhances all students ability to feel welcomed and guide them on the path of learning & enjoyment.

~Lydia Winans



STUDENT SHOUTOUTS

Shout out to Emily Walz for taking first place in the Miss Division at the local Sunburst Beauty Pageant in Wisconsin Dells! Emily is qualified for the state pageant in Spring 2024, and could advance to the International Finals!!

Let your LGHT shine bright!



The LIGHT

CAMPUS COLLAGE





Sara McCormack, SSA
Tyrone McKee, SSA

Madison Schmitt, SSA Madeline Rasco, RA

Jadyn Vail, RA

The LIGHT

Alan Othmer, Manager of Education & Transition Services

CUW

Erik Halling, Coordinator of Admissions
Tasia Pinkham, Career Prep. Coordinator
Camille Ffrench, Community & Campus
Coordinator
Matthew Alcala, SSA
Tarah Allison, SSA
Elizabeth Hertel, SSA
Taryn Kannon, RA
Adelya Kormonicka, RA
Anya Mattke, SSA

CUAA

Angela Post, Director of Admissions
Lakena Hohrn, Program Support Specialist
Isabelle Arnold, SSA
Daniel Morris, SSA/RA
Morgan Jenkins, SSA
Julia Hirt, SSA

Staff Shoutouts!





- I have played rugby for over 13 years
- I have a dog with two different colored eyes
- Tacos are my favorite food!

Welcome LaKena Horhn, AbleLight CUAA Program Support Specialist! A few fun facts about LaKena:

- I don't like chocolate
- I have a water well named after me in Colombo, Sri Lanka
- I have lived in 3 countries and 6 states
- I started my first business at the age of 6 and I've been a serial entrepreneur ever since
- I love traveling and experiencing new adventures



Campus and Community Events and Outreach

Check out the <u>CUW calendar</u>, <u>CUW android app</u>, <u>CUW tiktok</u> or <u>CUW ios app</u> for upcoming events around CUW!





CUAA upcoming events are posted on: https://www.cuaa.edu/events/index.html



UPCOMING EVENTS





Don't forget to like and follow our Facebook and Instagram page!

<u>Facebook AbleLight College CUW</u> (AbleLight College-Wisconsin) and <u>Facebook AbleLight College CUAA</u> (AbleLight College Ann Arbor)

And <u>Instagram AbleLight College CUW</u> (@ablelightcollege_cuw) and <u>Instagram AbleLight College</u> CUAA (@ablelight_aa)

Newsletters come out bi-monthly. To sign up for newsletters, please contact Alan.Othmer@AbleLight.org

